

Hiring Food Preps: \$15/Hour

Work in a fast-paced environment with a great culture. Check out our Instagram @theleafandgrain or website eatLG.com to get to know us.

Job Title: Food Prep

About Leaf & Grain

Leaf & Grain is a healthy, fast-casual restaurant focused on salads and grain bowls, located in downtown Houston. Our mission is to make it easier for people to eat healthy and to do so while having a good time. Plain and simple.

Location: 1200 McKinney St, Ste. 479, Houston, TX, 77010 (inside the Shops of Houston Center on the 4th floor, across from Quiznos).

Job Description

- Prepare food: chopping, dicing, trimming, using a food processor, following general instructions and recipe guides.
- Upholding L&G standards for quality and food safety

Requirements

- Good knife skills
 - Ability to trim meats
 - Ability to follow instructions closely, adhere to timing
- **PREVIOUS BACK OF HOUSE RESTAURANT EXPERIENCE REQUIRED (minimum 1 year preferred)

Expectations

- Have a good attitude & be friendly
- Be willing to help out wherever needed in the restaurant- we are a team!
- Be willing to learn & follow instructions

Perks

- \$15/hour
- No weekend or night shifts
- Free lunch with every shift
- Flexible schedule: we can work around your school schedule, second job, children, etc
- Make an impact on customers and teammates
- Our team is like a family- get a built-in group of friends/coworkers

Physical Requirements

- Ability to lift up to 50 pounds
- Ability to stand up for long periods of time
- Ability to move around- bending, squatting, chopping, etc.

How to apply

- APPLY ONLINE at eatLG.com. Go to "Careers" page and fill out the short questionnaire. We read all applications and will get back to you shortly!